

BILLY GRAHAM YOUTH FOUNDATION

IMPACT EVALUATION REPORT FOR
YEAR 2, DECEMBER 2020





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SUMMARY

In 2020 the Billy Graham Youth Foundation (BGYF) had a network of 5 academies across New Zealand in Mid Canterbury, Naenae, Cannons Creek, Te Awamutu and West Auckland, with another getting underway in Snells Beach¹. 2020 was the second year of a 3 year evaluation to help the Foundation and academies understand the impact they are having on young people and their host communities, and identify where there are opportunities for improvement so the Foundation and the academies can achieve their vision

“Champion Young People,
Contributing To Their Communities.”



[Name] has changed a lot. Me and his school have seen the change in his behaviour and he is no longer fighting at school. Thank you for your guys' help (Parent).

Provided an outlet for growth and development. Great mentors. (Parent)



Opened my eyes to a few things, like if you want life-changing change you must be willing to make life changing changes. (Member)

The sport boxing is teaching me discipline and helping me become more confident in myself which is helping me grow as a person in many ways (Member)



In 2019 the evaluation showed that young people said their academy helped them improve their fitness, confidence, behaviour and relationships. Family, whānau and community partner feedback also showed the academies contribute towards growth and development in their young people.

The evaluation for 2020 reinforce the earlier findings and looks at the unique challenge of the COVID pandemic lockdown, which saw the academies adjust by providing online workouts and challenges, phoning their members and gifting skipping ropes and food packages. The young people, families and whānau feedback shows they greatly appreciated the innovation,

contact and support. This report presents statistics, quotes and commentary about these things and concludes by looking at what else the BGYF academies could do to help more young people benefit from their unique approach.

Increased presence of fine young people with leadership skills arising from the training and encouragement of the Boxing Academy (Community partner)

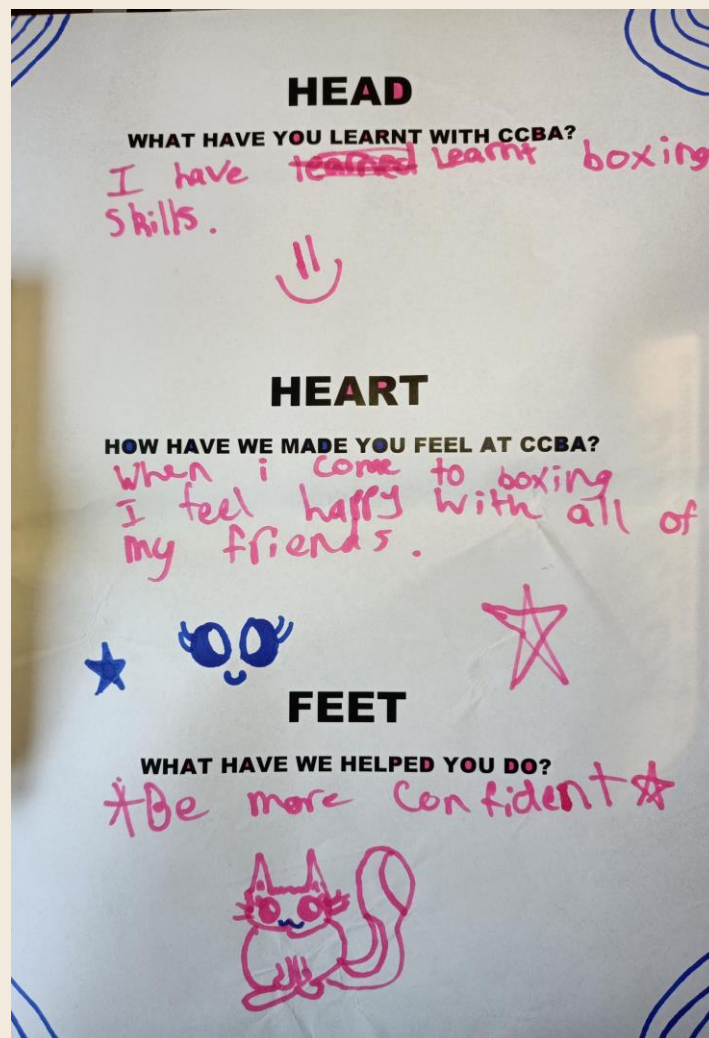


Whenever I have taken groups there, it is largely because they are not in mainstream education and they miss out on physical education. Bringing them here allows for physical outlet, which enhances wellbeing in a values-based environment (Community partner)



¹Because this 6th academy was just getting started it wasn't included in this year's evaluation.

METHODS



Storyboards

The coaches invited all fundamental and junior members to complete storyboards during class time. The storyboards are simply a large piece of paper with lots of space for the young boxers to draw or write whatever they want about three things:

1. “Head”: What have you learnt with us?
2. “Heart”: How have we made you feel?
3. “Feet”: What have we helped you do?

Some members felt they couldn’t write well enough so their peers and/or academy staff wrote for them.

Surveys

Members’ survey

Senior boxers were asked to complete a survey during class time or by email.

Unregistered members’ survey

“Unregistered” members are young people who last attended academy between 2015 and 2019. The academies got in touch with as many unregistered members as possible to ask them to complete the online survey.

Family and whānau survey

Parents and guardians were asked to complete a survey when they came to academy or by email.

Community partner survey

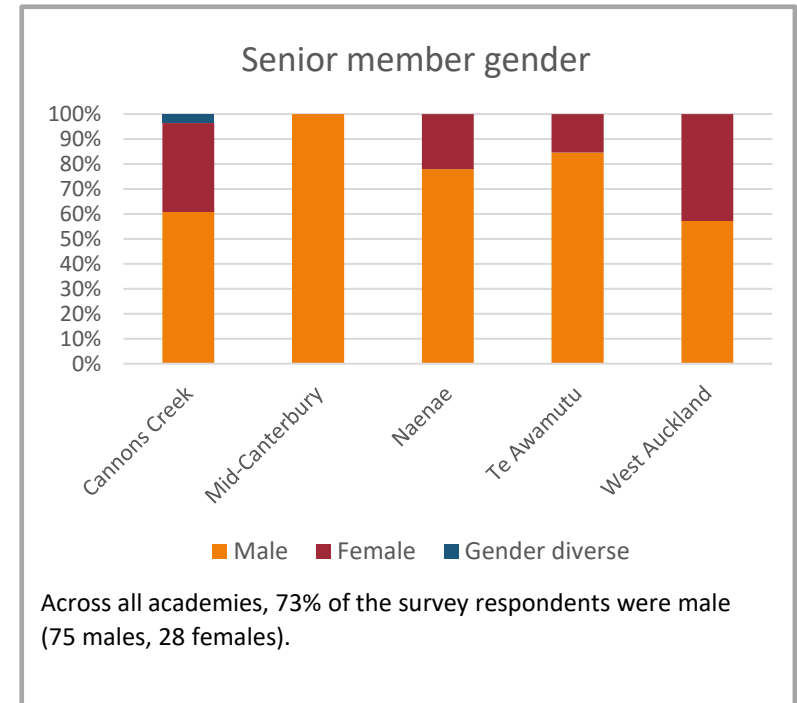
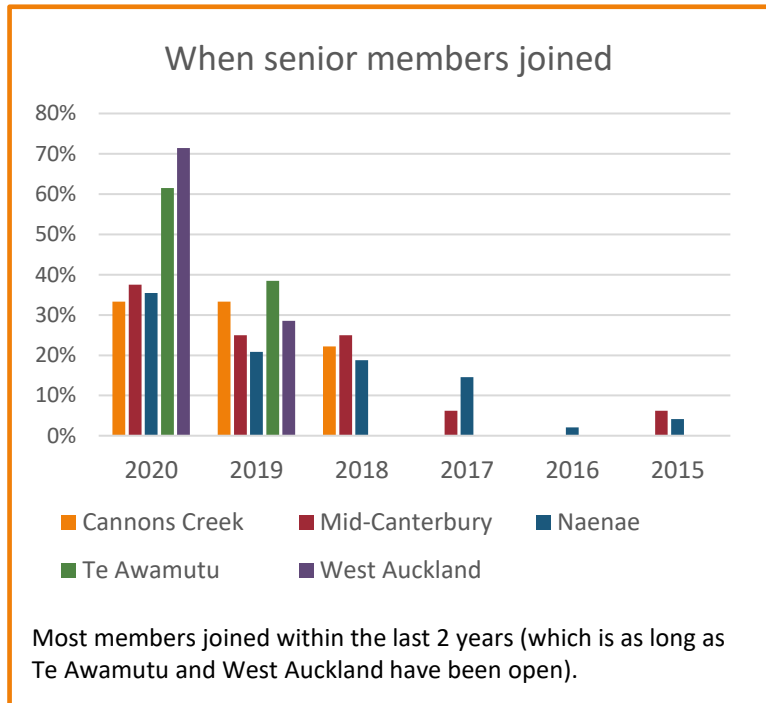
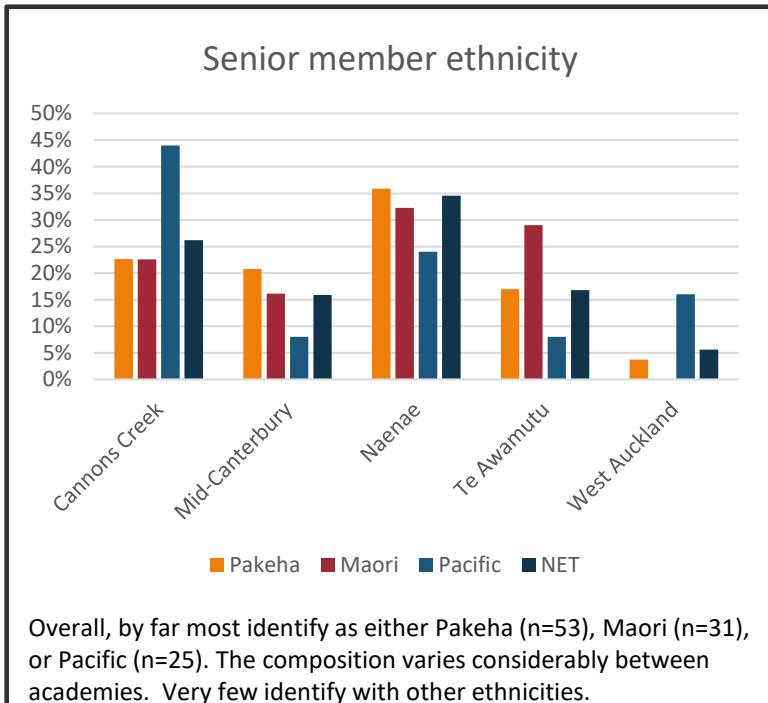
Community partners are organisations that the academies work with in their community, such as schools and clubs. The academies sent their partners an email with a link to the survey asking for their feedback.

WHO WE HEARD FROM

The table (right) shows the number of responses from the academies members, families and community partners.

Overall, the response rates are high. Most members of Mid-Canterbury, Cannons Creek, Te Awamutu and West Auckland boxing academies completed a survey or storyboard and all members did at Naenae. Half the families and whānau of members at Naenae completed a survey, about 25% of families and whānau at Mid-Canterbury and Cannons Creek, and about 15% of families and whānau of Te Awamutu Boxing Academy completed a survey.

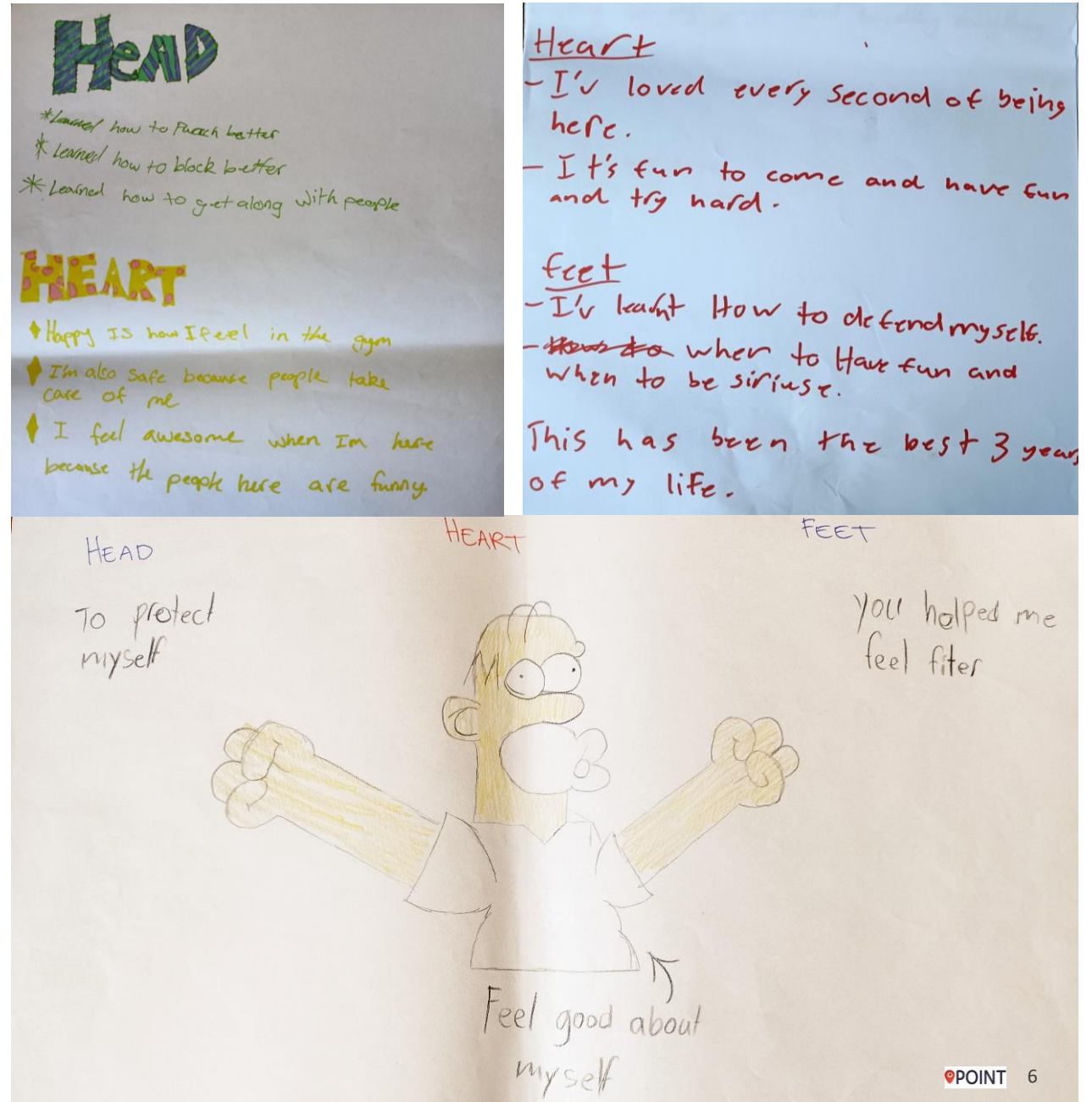
Responses (n)	Mid-Can.	Naenae	Cannons Creek	Te Awa.	West Auck.	Did not say	TOTAL
Community partners	1	16	3	2	6	2	30
Families and whanau	17	50	9	26	8	2	112
Unregistered members	0	24	0	0	1	10	35
Seniors (15 years +)	17	37	28	18	6	1	107
Juniors and Fundamentals (9-14)	54	34	33	32	25	0	178



RESULTS - FUNDAMENTALS AND JUNIORS

The storyboards

We received 124 storyboards from the junior and fundamental boys and girls. The storyboards showed they enjoyed their academy, are challenged and extended by the training, and they apply the values they learn and the relationships skills they develop outside the gym. The images included here describe the main themes.



FITNESS AND HEALTH

By far most of the storyboards showed the young people were proud of becoming more fit, strong and healthy.

Head:

- *I have learnt to Skip with ropes.
- *I have learnt alot about Self-defense.
- *I have learnt to respect others, even if they don't respect you.

Heart:

- *I feel when I come here, that all the Stress from outside is taken off my back.
- *I feel that alot of my friends are from this Boxing academy.
- *I've learnt to retain the values from the Passport to Success in my brain.

Feet:

- *I have taken our Boxing Values and used them into our communities, and use it toward others, and it's not only Boxing values for me, but my cultural values.
- *I have learnt to try and keep fit by going for some walks and bike rides.
- *I have formed better friendships, and better relationships with my siblings, by treating them more better, by using our values.

TECHNICAL SKILLS

Nearly everyone wrote about learning boxing skills and techniques, which many people said made them feel like they could defend themselves if they had to.

HEAD:

- I Learn How to keep my Hands to myself.
- I Have Also Learn How to be Good At Boxing,
- I Have Also Learn How to get Better At my foot work.

Heart:

- I feel good when I enter the Boxing gym.
- I feel Good when I go out of gym and also feel nice and fit.
- I feel more fit and Here in the gym.

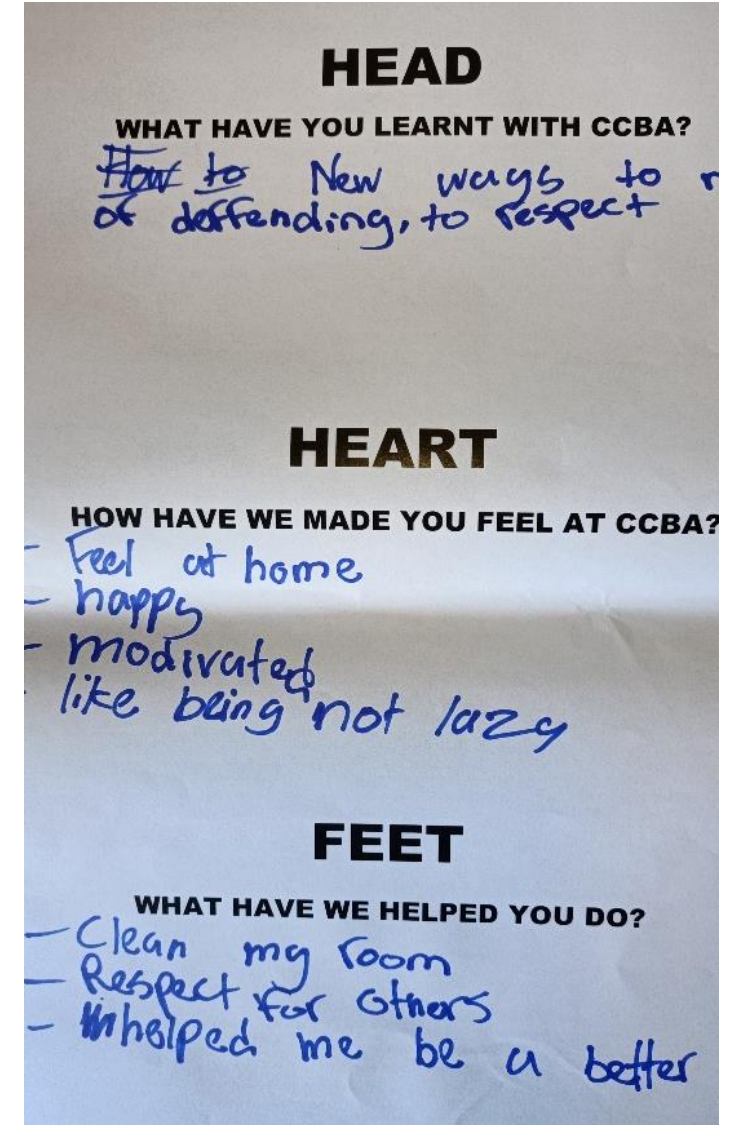
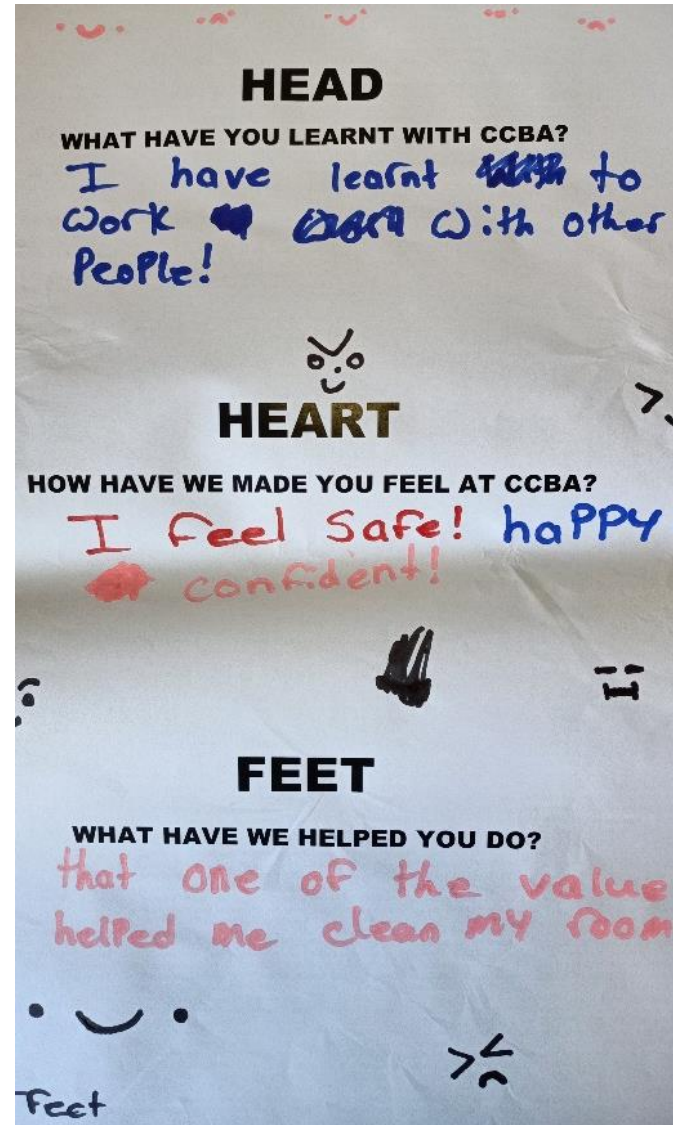
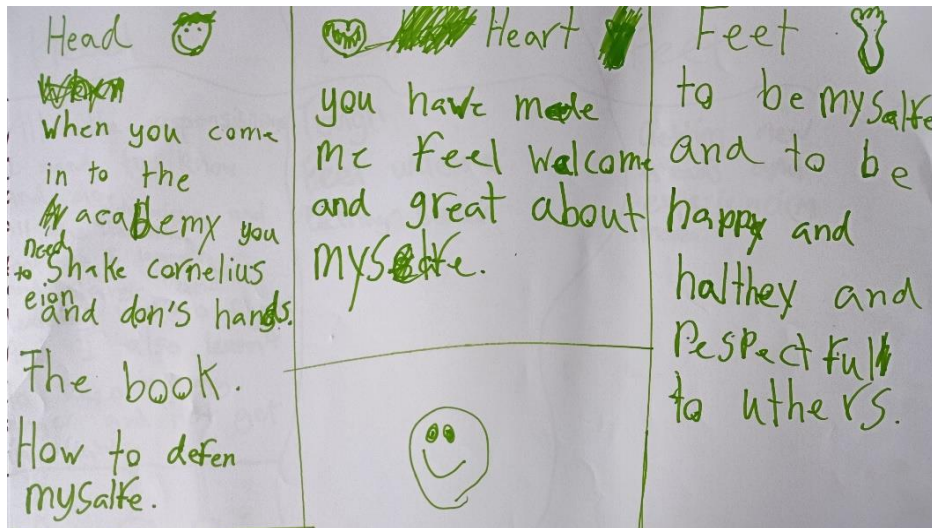
Feet:

- Helps me in my school work
- it Help me to good sports and other sports
- it Has Helped me in my math's in school and out side of the gym.

RESULTS - FUNDAMENTALS AND JUNIORS

VALUES

More than half the storyboards showed the young people applied the values outside the gym, especially respect, and were proud of this.



RESULTS: FUNDAMENTALS AND JUNIORS

BELONGING AND CONNECTEDNESS

Many of the juniors and fundamentals said they feel a sense of belonging and feeling safe at their academy. They said they trust the coaches, can share their thoughts and feelings, and have better relationships with others, including at school.

how to controll my anger
and how to keep my hands up
and dont be afraid to go up against
somebody that is bigger than you

how have you made us feel
like its a safe place to tell
anything like what's going
on in your head
that you dont have to be
what your parents want you
to and like dont have to
be a bad person and that
you can turn the other
way and change your life

HEAD

I've learnt to respect others.
I've learnt how to defend myself.
How to be discipline.

HEART

I feel amazing when I'm at the
GYM.
I love ~~seeing~~ seeing my friends

FEET

Boxing has helped with
my behavior at school.
And taught me to
be humble.

RESULTS - FUNDAMENTALS AND JUNIORS

CONFIDENCE AND SELF-ESTEEM

About 1/4 of the young people said they have become more confident of their own abilities, confident around others or more self-assured.

- you helped me achieve confidence and reduce the need to prove myself!

- you helped me to get rid of my bullies!

Head: I have learnt heaps of techniques and skills. And the value of the pursuit of success.

Heart: Welcomed, looked after, ~~respected~~ And Respected.

Feet: Helped me win south island novice champs. Helped me learn how to box. And helped me to be more disciplined.

Head	Heart	Feet
I have learnt to be responsible by getting decisions. I have also learnt how to be responsible to others, and compared to when I first got here, in my own opinion.	You have made me feel good about my self and make me more determined to be a fighter so that I can start competing. I have learnt to stand up to my bullies.	You have helped me with confidence and self-esteem and strength, with out the boxing gym I would probably be a sick, depressed, fat kid like him.
2019/2020 ☹️ 😊	2019/2020 ☹️ 😊	2019/2020 ☹️ 😊

HEAD

WHAT HAVE YOU LEARNT WITH CCBA?
At CCBA, I have learnt how to stand (Boxing stance), Boxing skills (Such as Punching with my lead hand and Rear hand, Ducking, moving with stance)

HEART

HOW HAVE WE MADE YOU FEEL AT CCBA?
CCBA has made me safe and they've helped me trust them. Let me lend my trust onto them.

FEET

WHAT HAVE WE HELPED YOU DO?
CCBA has helped me make friends and help me break out of my shell. Become more confident.

BEHAVIOURAL REGULATION

About 1/5 young people said being a member of their academy has helped them manage themselves better and stay out of trouble.

Discipline
(self-disciplines)
within education and fitness
I also kind of learnt how
to use-up my spare time
with Niwa's classes and
stuff.

Instinctive decision making has
lessened when I go and do my
life I take time with
decisions

HEAD

- * Learned how to punch better
- * Learned how to block better
- * Learned how to get along with people

HEART

- ♦ Happy is how I feel in the gym
- ♦ I'm also safe because people take care of me
- ♦ I feel awesome when I'm here because the people here are funny.

FEET

- I don't really fight with people anymore
- It helps me with sportsmanship
- 😊

RESULTS: SENIORS

THE FEEDBACK SHOWS THAT ALL THE ACADEMIES HAVE HAD A POSITIVE EFFECT ON THE SENIOR MEMBERS' WELLBEING AND PERSONAL DEVELOPMENT. *EVERY* SENIOR MEMBER SAID THERE HAS BEEN POSITIVE CHANGE IN AT LEAST THREE PARTS OF THEIR LIFE THIS YEAR BECAUSE OF THE ACADEMY.

RESULTS - SENIORS

GROWING CHAMPION YOUNG PEOPLE

The BGYF has identified indicators that they are helping grow “champion young people, contributing to their communities”: friendships; school or education; family, whānau or home life; self-respect; respect for other people and things. The pie charts show how much the academies have helped their members make positive change in these areas.

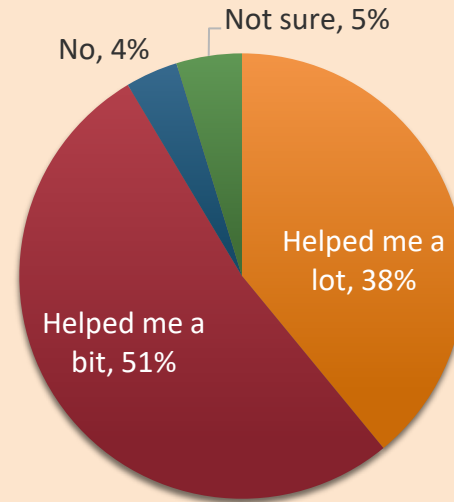
Members who identify as Māori were less likely to say the academy has helped make positive change in their lives. These findings show more could be done to help tamariki and rangatahi Māori at the academy, but it should also be noted that, overall 71% of young Māori said that the academy has helped make positive change in their life this year.

THE PERCENTAGE OF SENIORS THAT SAID THEIR ACADEMY HAD HELPED THEM ‘A LOT’ & ‘A BIT’ MAKE POSITIVE CHANGE IN KEY AREAS

Area	Boys (75)	Girls (28)
Friendships	90%	86%
School or education	59%	47%
Family, whanau or home life	71%	50%
Self discipline	93%	89%
Self respect	91%	78%
Respect for other people and things	89%	86%
Fitness or wellbeing	99%	96%
Average	85%	76%

FRIENDSHIPS

Has the academy helped with friendships?



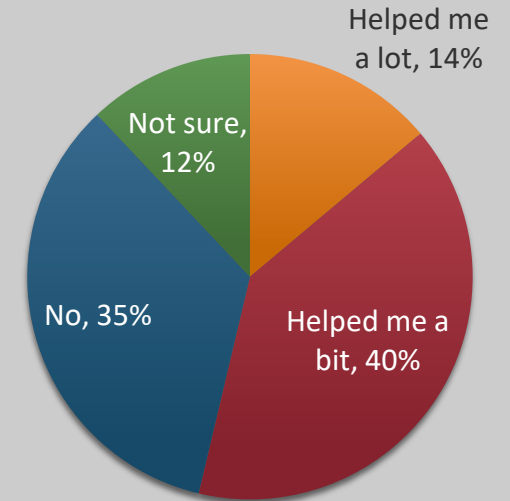
Members who identified as Māori were more likely ($p=0.05$) to say that the academy had not helped with friendships (10%, $n=31$) as compared to non-Māori (1%, $n=76$).

The boxing academy is a very positive thing in my life. Not only the fitness but the community. The people at the academy have helped me open up and they are a comfort in my life.



EDUCATION

Has the academy helped with school or education?



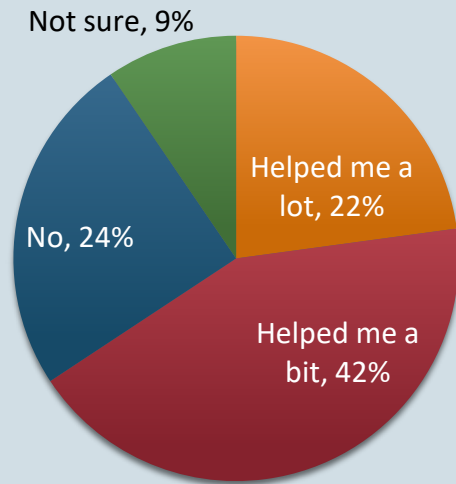
Members who identified as Māori were less likely ($p=0.05$) to say that the academy has helped with school or education (42%, $n=31$) as compared to non-Māori (59%, $n=76$).

Increased my self-discipline, making me able to better accomplish goals that I set myself. Including goals about education.



FAMILY, WHĀNAU, HOME LIFE

Has the academy helped with family, whānau or home life?



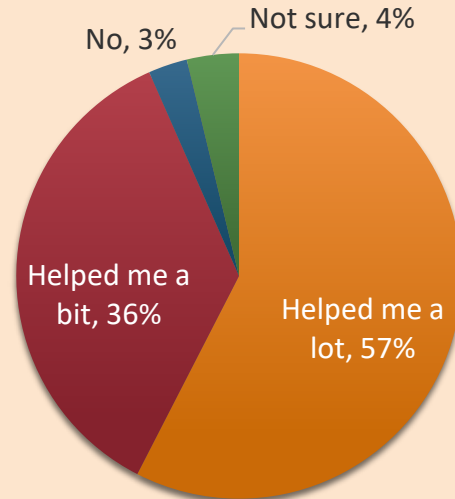
Girls were more likely to say that the academy has not helped with their family, whānau or home life (39% of girls (n=26), as compared to 18% of boys (n=76) p=0.05).

Realise that other people have needs and not just think of myself but help others



SELF-DISCIPLINE

Has the academy helped with self-discipline?

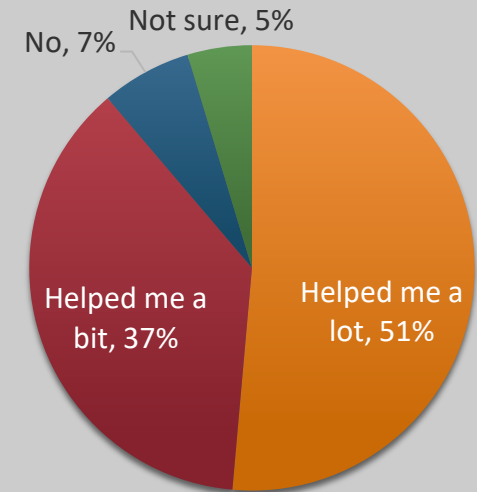


The sport boxing is teaching me discipline and helping me become more confident in myself which is helping me grow as a person in many ways



RESPECT

Has the academy helped with respecting others?

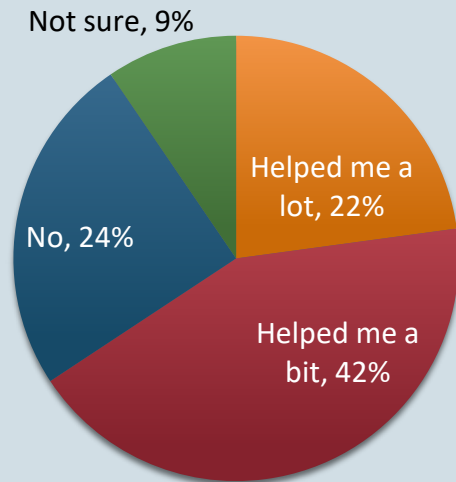


It has helped me because I have learned respect and how to treat others well and respectfully.



SELF RESPECT

Has the academy helped with self respect?



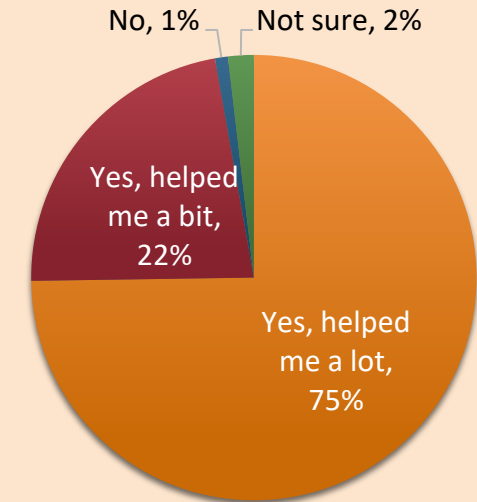
Girls were more likely to say the academy has not helped their sense of self-respect (14% (n=28) as compared to 3% of boys (n=76), p=0.05).

The camaraderie and fellowship in the gym has continued to give me a positive mindset and the constant encouragement gives me a higher opinion of myself



FITNESS AND WELLBEING

Has the academy helped with fitness or wellbeing



I have been able to contribute more and work with others as a team. I've done a lot of fitness here which helps me with other sports



MANAGING ANXIETY, ANGER AND FRUSTRATION

Another way that the academies help their members develop as champion young people is helping them manage anxiety, anger and frustration.

The NBA academy helped me by teaching not to use my actions (fighting) out of school or other places and working with other girls in this academy helped me build a lot of friendships



Helped me stay away from Street fights and going out with the boys



Some members also described change in the academy that they had to adjust to, especially members of the Cannons Creek academy.

For me the change has been good and bad. The bad change is that Nicole, Latu and Craig left. The good change is that we got Hailey and Paul



Losing Nicole, but now developing new relationships with Hailey



Our original coach Latu left our boxing academy and a lot of our boys. The vibe has changed a bit, but I am still enjoying myself



A parent noted that the change in coaching staff was not insignificant for her children and the effort made by BGYF to help the young people through the change.

Change in coach from Latu to David. Our kids were emotionally attached to Latu. When David came on board he did well to nurture relationships over the first few weeks



SOCIAL, PSYCHOLOGICAL AND EMOTIONAL WELLBEING

The senior members were asked to rate how they felt on a number of indicators of social, psychological and emotional wellbeing. We found that girls (n=28) scored significantly lower than boys (n=75), as shown in red. The biggest difference was girls scoring much lower than boys on average for 'I respect myself'*

Our report shows that the girls gave really positive feedback about their experience at academy. Furthermore, 76% of girls said their academy membership helped them make positive changes.

However, girls were significantly more likely than boys to say that their academy had *not* helped them with their sense of self-respect or their family, whānau or home life. Furthermore, families and whānau of girls were *less* likely to say that their daughter's academy had helped their family or home life.

These findings suggest there are opportunities to better support girls to develop their sense of wellbeing, in particular their sense of purpose, engagement in day-to-day life, sense of being a good person and living a good life, and self-respect. It is possible girls' may not feel as good about these things as boys when they first join the academy and given other factors in their lives, given that only slightly fewer girls reported the academies help them make positive change (85% as compared to 76% - see page 13).

	Boys (n=75)	Girls (n=28)
I lead a purposeful and meaningful life	1.9	1.2
My social relationships are supportive and rewarding	1.9	1.4
I am engaged and interested in my daily activities	2.0	1.3
I actively contribute to the happiness and wellbeing of others	1.9	2.0
I am competent and capable in the activities that are important to me	2.1	2.2
I am a good person and live a good life	1.9	1.2
I am optimistic about my future	1.6	1.4
People respect me	1.5	1.3
I respect myself	2.1	0.8

The numerical scale translates as: 3= Strongly Agree; 2 = Agree; 1 = Slightly Agree; 0 = Neither Agree nor Disagree; -1= Slight Disagree; 2 = Disagree; -3 = Strongly Disagree. Scores with a decimal point, e.g. 1.2, mean that the average score is part way between response options, for instance 1.2 means that the average response for girls is a bit better than 'Slightly Agree'.

* In 2019 we also found that girls scored their wellbeing lower on average than boys. We did not report this result in 2019 because the sample of girls was small (n=10).

WHAT HELPED

The members said the coaches, physical training, values-base, encouragement, and nurturing relationships have helped them make positive change.

MENTORING

I feel as if the coach has been a good role model and someone I aspire to be like



Tash has helped me a lot with my life out of boxing and so have the other coaches I've had.



PHYSICAL TRAINING

I've definitely had a lot of help with my fitness and I'm forever grateful for everything. We have all learnt to work together and respect everyone around us..



POSITIVE ENCOURAGEMENT

Encouraged, disciplined, and respected me



Helped by making me fitter and to back myself in everything I do



VALUES

Taught us well. Made sure to teach us values and how to control anger. Disciplined us very well



WHAT ELSE WOULD HELP

MENTAL WELLBEING

I think that we need to have important discussions about mental health and body image.



HIGHER INTENSITY

YOUNG PEOPLE FROM THE NAENAE AND CANNONS CREEK ACADEMIES SUGGESTED INCREASING THE LEVEL AND FREQUENCY OF TRAINING FOR THOSE WHO WANTED IT

DISCIPLINE AND VALUES

Some young people from Cannons Creek and Te Awamutu suggested the classes could be more disciplined.

I think that since Nicole and Latu left that we've stopped respecting each other and stopped respecting the rules and values of the gym

(This is towards the students) USE YOUR TARINGA NOT YOUR WAHA! And maybe be more strict



NURTURING RELATIONSHIPS

The camaraderie and fellowship in the gym has continued to give me a positive mindset and the constant encouragement gives me a higher opinion of myself



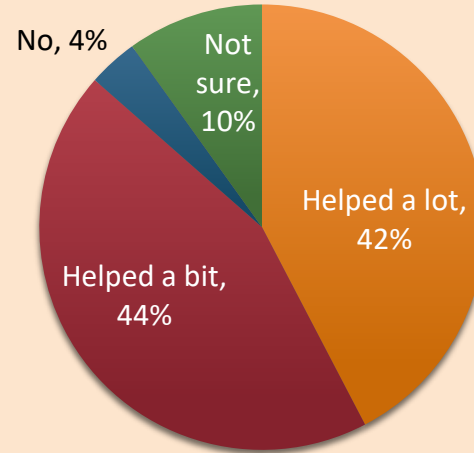
RESULTS: FAMILIES AND WHĀNAU

Families and whānau reported many different kinds of positive change in their young people. The types of change were the same as those reported by the young people themselves, but the extent of change differed.

Pacific families were more likely ($p=0.05$) to say there has been positive change in their young people's lives this year due to the academy (60%, $n=20$) compared to Pakeha families (22%, $n=92$). The pie charts show the areas in which the BGYF academies are particularly interested in helping young people make positive change.

FRIENDSHIPS

Has the academy helped your child with friendships?



Just an overall better attitude and having the confidence to socialise with others better



Found friends here. Say hi & shake hands in the street.

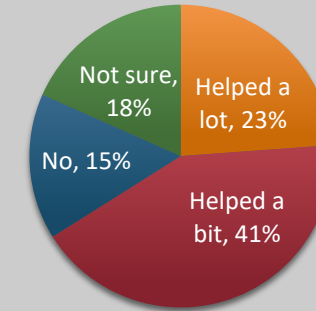


Has been open to developing some friendships normally very shy.



SCHOOL OR EDUCATION

Has the academy helped your child with school or education?



Two-thirds of families said the academy had contributed to positive change in their children's schooling or education. Families were more likely to say the academies had helped with schooling or education than members.

14% of members said it had helped with schooling 'a lot', whereas 23% of families ($n=112$) had said it did. Furthermore, 35% of members said it had not helped, whereas 15% of families said it hadn't (differences significant at $p=0.01$).

Pacific fanau were most likely to say the academies had helped their young people's schooling (40%, $n=20$, as compared to all families and whānau 23%, $n=112$).

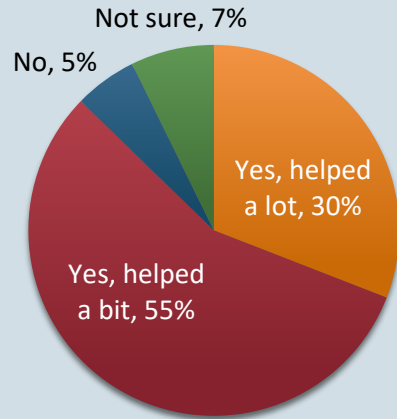
Your Team ALWAYS give positive advice! It's great that he hears the same values from people, other than his parents & teachers. Also, now he's seeing improvement in his skills he's looking to develop them further, which reflects in his attitude towards school & home as well.



FAMILY AND WHĀNAU FEEDBACK

FAMILY, WHĀNAU, HOME LIFE

Has the academy helped your child with family, whānau or home life?



Families and whānau of boys were much more likely to say BGYF has helped 'a lot' with home life (35% (n=93, as compared to 6% of family and whānau of girls (n=18)). This aligns with girls being much more likely to say that the academy has not helped with their family, whānau or home life.

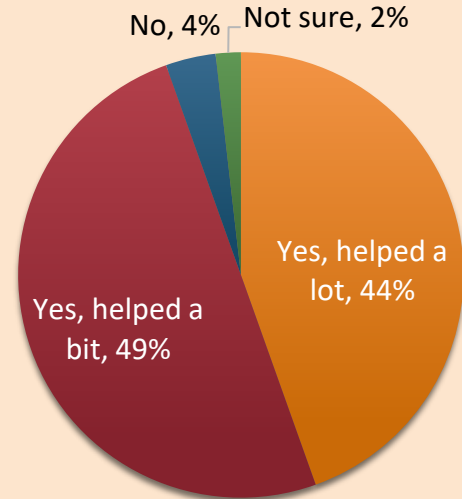
Pacific fanau were more likely to say the academies had helped with home life 'a lot' (60%, n=20), compared to all other families (30%, n=112).

In general, taking full responsibility for her own actions, respect family and others.



SELF-DISCIPLINE

Has the academy helped your child with self-discipline?

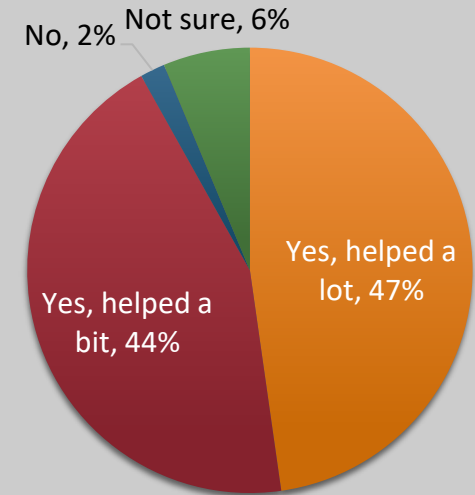


Provided her the opportunity to lead and instilled self-discipline



SELF RESPECT

Has the academy helped your child with self-respect?

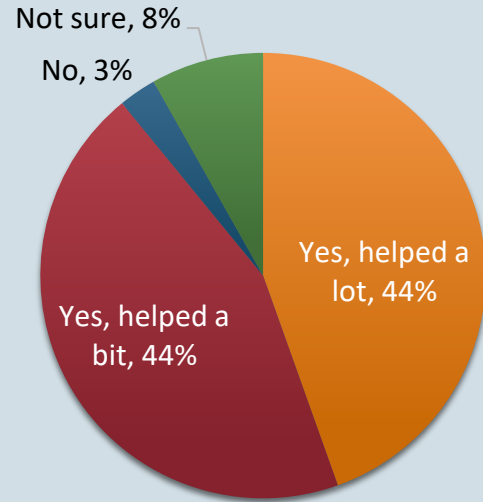


The values and discipline of a sport and his sense of pride in growing skill is good for him. It gives him purpose and confidence, control and self-respect



RESPECT FOR OTHERS

Has the academy helped your child respect others?

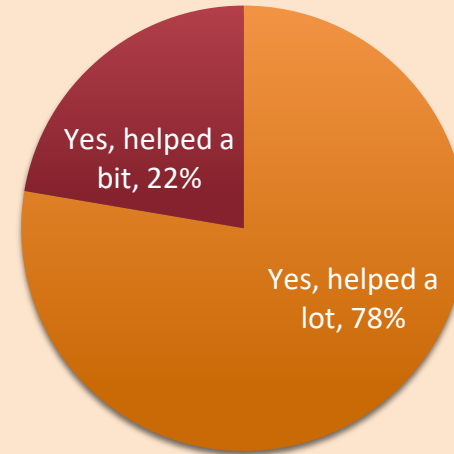


The way the boys acknowledge the tutors and other children at the academy by giving a handshake taught them to respect and acknowledge everyone. These things have boosted their confidence a lot.



FITNESS AND WELLBEING

Has the academy helped with fitness or wellbeing



His fitness has definitely gotten better. He has made new friends. He always comes home full of life and happy after his boxing lesson and brags about his boxing and how he enjoys it.



OTHER CHANGES: CONFIDENCE

A lot of families and whānau said they have seen their children develop more confidence and they are very happy about this. Becoming more confident has had a ripple effect in their lives.

My son suffers from social anxieties and usually finds it hard to have confidence in these settings. At the academy he knows his peers and is confident with them as they all understand the values the academy has. The way they greet each other, along with the values and coaches the academy has provides a good grounding for my son. He is confident enough to put his hand up to lead the group in activities and is keen to show the group what he's got!



You gave her the confidence to stand up and say - that is not acceptable. That she can say no to people who do not share her values.

[My son] can speak to adults a lot better and always shakes their hand when meeting them and has a lot more respect. [Another son] definitely a lot fitter and has a lot of confidence. He had very little when he arrived



WHAT HELPED

CARE AND SUPPORT

The love and support you show everyone is beyond a blessing. You are amazing.



FOCUS ON VALUES

The values that the children repeat at boxing as part of their lessons are slowly making a change to thinking about others as well as self



The core values are being instilled. My boys are really taking it on

ROLE MODELLING

Improved self-assurance, confidence and self-worth. Much more enthusiasm around fitness and sport. He talks really positively about his coach so having a great male role model will be doing wonders for him at such a pivotal age!



He's more confident and happy. I think the sense of belonging and male role modelling is what has influenced the change. Male role modelling, discipline, fitness, respect.

RELATIONSHIPS AND BELONGING



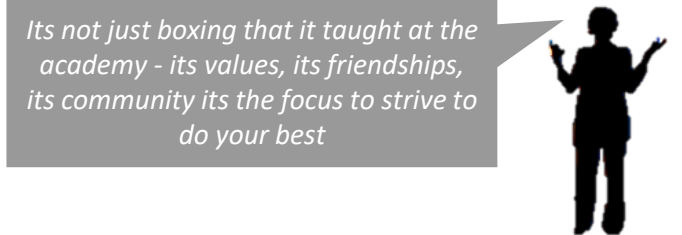
Her confidence in talking to people has changed since coming and I think it's due to the encouragement of speaking out in a group there

GOAL SETTING AND ATTAINMENT

The motivation to stick to the tasks they are presented with.



Lessons taught by a good Coach made a good Impression on my child. To stay focused; and keep going at tasks



Its not just boxing that it taught at the academy - its values, its friendships, its community its the focus to strive to do your best

FAMILY AND WHĀNAU FEEDBACK

WHAT ELSE WOULD HELP

HELP WITH SELF EXPRESSION

I love when the kids are given time and space to share their thoughts and feelings in the circle at the start of class. Exploring feelings a bit more could be worthwhile. "what makes you frustrated? What makes you scared? What makes you excited?"



It would be better if there is more reflection time for the boys to talk about how they are at some point during or at the end of classes

CULTURAL COMPETENCY



Encouraging cultural competency e.g. te wiki o te reo Māori/ Māori language week. Samoan language week. Learning a word related to Naenae academy.

REINFORCE THE VALUES



Enforce respect with others



I think the 2 times we have been, and the very little I have seen, a couple of the younger children seem to think its free time. Not a lot of respect. A lot of backchat.

More work with values & working towards around people's needs. Simplify the wording in the passport



ADDITIONAL ACTIVITY



Be awesome to do more outings or activities maybe once a month or 2 months amongst the academy

I would love to see some sort of teaching regarding the "Internet world" as this is mine and Sam's biggest battle ground



INVOLVE AND COMMUNICATE WITH PARENTS

Involve parents more, who would like to be



I would like him to work harder on his fitness [...] If we can help you please let us know as well.



Let parents/caregivers have an option of helping if they want...say holding a bag for anyone or their own. If that's allowed; I wouldn't even know to be honest

ENGAGE MORE CHILDREN

His gym is very, very small. He needs a bigger space to work with. I'm sure if he had more space to work with then he could have more students coming through instead of turning a lot away.

A class for 8 year old + girls who also need to learn self-respect and confidence etc

EXTENDED TRAINING OR COMPETITION

More one-on-one training if kids want to be pushed

More of the boxing side, more time for the sessions

During their off-training days, is there some sort of training plan incentive that could keep my son going?



RESULTS: COMMUNITY PARTNERS

The community partners were asked what their academy does that helped bring about positive change. This comment encapsulates much of what everyone said:

Mentoring young people, positive role modelling, behaviour management and clarity around rules of the gym and expectation, skill development and opportunities for young people to make friends, feel a sense of unity and belonging, gain confidence and challenge themselves.



(Comm. partner working in youth and community development)

It was also clear to the community partners that the coaches genuinely care about the young people and that they think about what they might need to feel comfortable and grow.



(Comm. partner working in iwi or Maori development)

We are really grateful for the coaches who make our kids feel really comfortable because they come from a full-immersion Māori background and it's awesome to hear both Matt and Niwa incorporating little bits of te reo into the class which really does go a long way to create a comfortable space.

Accepted kids into the academy with high needs and worked with them to become confident young people



(Comm. partner working in policing or law enforcement)

WHAT WOULD HELP

Online

"Maintain and increase the online presence about what you are doing and what you need from the community to be stronger."

Work with a wider range of people

"Make more adult classes available. Base them on the same values and positive messages that you have for the young people."

"Maybe running a caregiver and child session?"

"Perhaps, encourage more family social events."

"You are well known for working with boys however there is a need amongst girls as well. I feel that this is an area that could grow. Also, there is a gap in the 9-12 year old age group where help for children at this age with behaviour issues is severely lacking. This could be an area where, if there is more focus, there would be less issues when they get older."

Expand the network

"There is a need for this in Te Kuiti and Piopio."

Partnerships

"We are really appreciative of the work you have done with NZIS and hope we can form an ongoing partnership."

"Keep working with TAYDN and keeping those strong bonds between youth development organisations. You're doing a great job."

"Work in support of the local groups who are trying to hold festival activities in Naenae e.g Matariki, Christmas in the Court."

"I think all organisations such as BGYF should communicate more. See where the gaps are and who is best placed to fill them. There is a plethora of mentoring organisations out there at the moment that could work better together by sharing information."

"I'd love to see BGYF connect more with youth services, schools and young people in Upper Hutt."

"Having local school classes and other education provider classes back in the gym."

Pathways into employment

"Referrals to our organisation through your contacts to help with employability training, jobs and education."

RESULTS: UNREGISTERED MEMBERS

- Unregistered members are people who are no longer registered with or attend academy. They are still called 'members' because many still feel a sense of belonging to their academy and participate in activities.
- 31 of the 35 unregistered members said they still benefit from their time with their academy, including members who last attended several years ago. Most of them said they still live by the values, benefit from the relationships they established, the relationship skills they learned, and the confidence they developed.

After spending a couple of years there it made me more confident in my everyday tasks and helped me to smoothly transition from a boy to a young man



Spending some of my young years at the boxing academy taught me many things: Respect others, be kind, self-defence, strong discipline, built my confidence in making friends, and making sure the people surrounding me also have goals in life they are willing to strive for.

I found myself in an environment of positive influence and moral ethic. Seeing the value of investing in others made an impact me and changed my life.



It taught me good values that I have lived by and carried into manhood and am now passing on to my children



REFERRALS FROM POLICE AND ORANGA TAMARIKI

The Billy Graham Youth Foundation receives referrals from government agencies, schools and other community partners. Six senior members who responded to the survey indicated they were referred by either Police or Oranga Tamariki. These young people included boys and girls, identified with a range of ethnicities, and belonged to Te Awamutu, Cannons Creek and Naenae Boxing Academies.

The charts show how many members said the academies have helped them in a range of areas. They described the changes like this:

It has changed my life around my anger and capability. It has helped me contribute a lot since it started



Have helped me with respecting myself and my fitness and definitely discipline and my family. These values in our gym really will help me in life



It has helped me because I have learned respect and how to treat others well and respectfully.

The sport boxing is teaching me discipline and helping me become more confident in myself which is helping me grow as a person in many ways

Four community partners working in policing or law enforcement said the academies do these things well

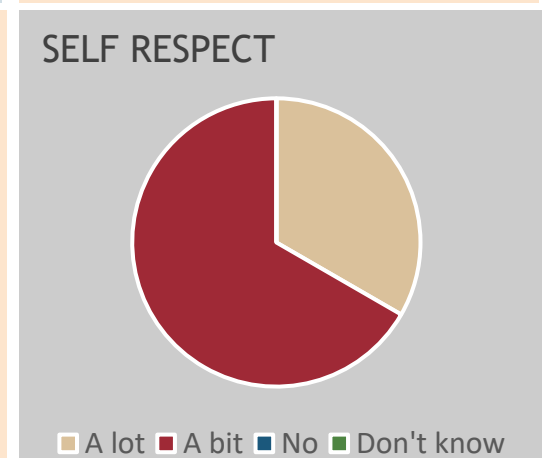
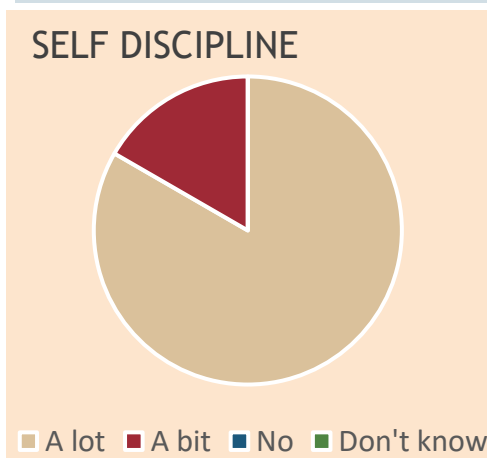
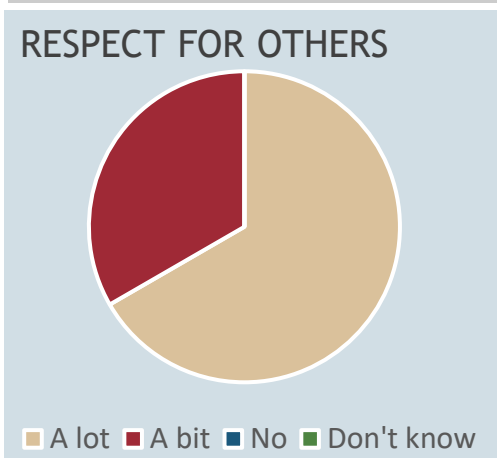
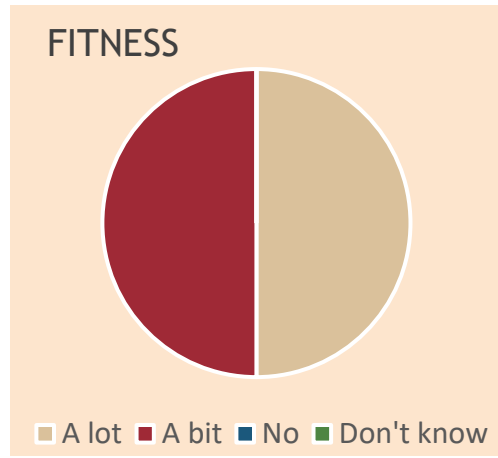
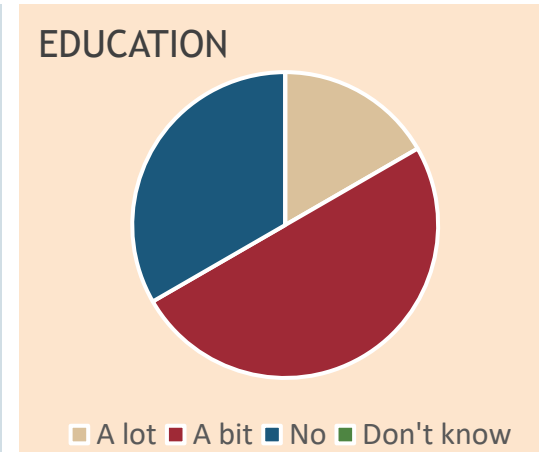
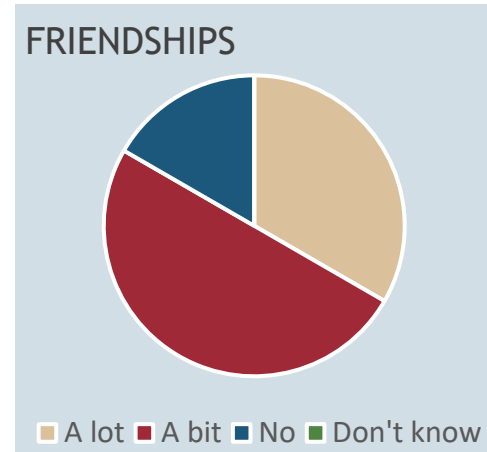
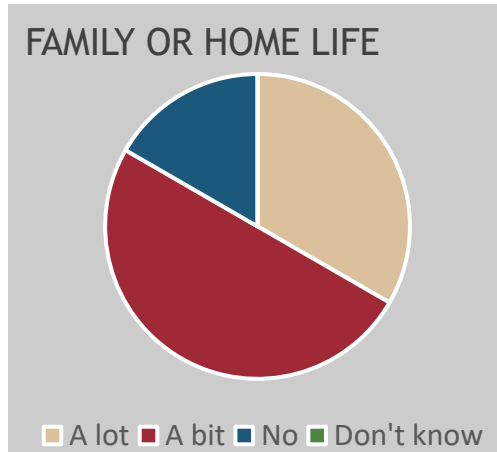
Teaching the young people self respect. Showing them to value themselves and others and respect themselves and others.

Instill respect and acceptable behaviour.

Accepted kids into the academy with high needs and worked with them to become confident young people

Create an environment that is safe and fun for all young people.

DID WE HELP YOU WITH ANY OF THESE THINGS? (N=6)



RECOMMENDATIONS

Māori

As noted earlier in this report, 71% of senior members who identified as Māori said their academy has helped them make positive change in their life this year. But compared to non-Māori, we also found that rangatahi Māori were more likely to say that the academy did not help them as much with their:

- Friendships
- Whanau or home-life, and
- school or education

We therefore recommend that the Billy Graham Youth Foundation and the academies continue to try to develop its guidance and support for its Māori members and their whānau.

Ethnic diversity

By far most senior members are Maori, Pacific and/or Pakeha. Given the ethnic diversity of the academies' home communities, there is untapped potential for the BGYF and academies to connect with more young people and families of other ethnicities.

Girls

Girls gave really positive feedback about their experience at academy and by far most said their academy helped them make positive change.

However, on average the girls did not score as well as the boys on several Flourishing Scale measures, especially for 'I respect myself'. Furthermore, girls, family and whānau of girls reported their academies had not helped make as much positive change as they did for boys.

These findings suggest the academies may be able to better support girls to develop their sense of wellbeing, in particular their sense of purpose and that they are living a good life, engagement in day-to-day life, and self-respect.

Engaging parents and caregivers

It is also worth noting that some parents and community partners suggested the academies consider engaging parents and caregivers more closely in academy activity. Some parents and caregivers said they are simply willing to help-out; but others suggested involving parents and caregivers might be a way of reinforcing the young people's development.

Schooling and education

This is where the seniors said their academy had helped them make the least positive change. We therefore recommend BGYF and the academies consider what more can be done in this area.

Engaging online

Connecting with young people online during lockdown was a hit and, we suggest here the BGYF and academies have tapped into an area of great potential. We recommend the BGYF and academies explore this opportunity as a go-to for future lockdowns and as an alternative to connecting face-to-face for those who can't attend at scheduled class times.

Retention

By far most seniors have been a member for one or two years. Members, families and whānau report fantastic benefits for young people within the first year, but members also report that they continue to benefit in their 3rd and subsequent years. We recommend the BGYF and academies consider what more they can do to retain members for longer.



CONCLUSIONS

After two years, it is clear that the BGYF approach helps young people make positive change in the lives in many ways, including physically, socially and emotionally. Young people see positive changes in themselves and family, whānau and community partners see it in them too. The academies' unique blend of boxing and youth development seeds and sustains these changes through positive, encouraging, respectful relationships with their members. Positive change takes place quickly (i.e. within the first year of membership) and endures after several years' membership and continues once young people are no longer attending academy.

Our recommendations draw attention to the possibility that the BGYF and academies can do more for rangatahi Māori and girls. In addition, parents have expressed an interest in connecting more with the academies – even if it's just to help out. We also suggest that continuing and developing an online presence is a huge opportunity (as an alternative to, but certainly not a replacement for connecting face-to-face).

2021 will be the final year of the 3-year BGYF evaluation. Point & Associates looks forward to discussing with the Billy Graham Youth Foundation what the evaluation should focus on in 2021, to make sure we get the best out of the last year of our 3-year project so that we contribute as much as we can to the Foundation and academies' continued development.



BILLY GRAHAM YOUTH FOUNDATION CANNONS CREEK BOXING ACADEMY EVALUATION 2020

The Cannons Creek Boxing Academy is part of a network of boxing academies supported by the Billy Graham Youth Foundation. The academies are about a whole lot more than boxing; academy staff develop genuine, values-based relationships with their members, families and whānau and work alongside partner organisations to build strong communities. The goal is to make champion young people.

We heard from 33 fundamental and junior members, 28 senior members, 9 families and whānau and 3 community partners during the evaluation.

FUNDAMENTAL AND JUNIOR MEMBERS

The fundamental and junior members completed 'storyboards' to provide feedback on what they have learnt as a member of the boxing academy, how the academy has made them feel, and how they have applied what they have learnt at the gym in their everyday lives.

Most of them said:

- Going to academy was fun but it also challenged them and improved their fitness
- They learnt about values, such as respect, discipline and to look after people
- They have become more confident, respectful, helpful and developed self-discipline and control.

When I come here I feel excited, happy and encouraged. I have learnt the boxing values, how to defend myself and to put myself in other people's shoes



CCBA has helped me make friends and help me break out of my shell. Became more confident.



I have improved my focus, listening and attitude

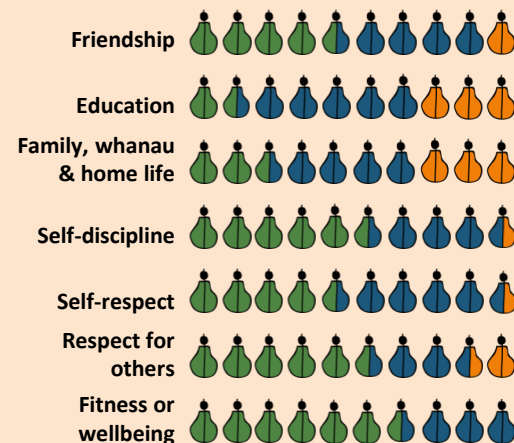
When at CCBA I feel welcomed. I learnt boxing skills. Be more respectful to myself



SENIOR MEMBERS

The senior members were asked to complete a survey. They were asked if the boxing academy helped them with any of these things this year, and if so, what has changed and how the academy helped. We heard from 28 seniors.

Did we help you with...



KEY: = A lot = A bit = no = Don't know

Most senior members said changes in their friendships, school, family and home, how they feel about themselves and how they treat others improved because:

- The coaches and academy community made them feel a sense of belonging, respected, challenged and encouraged. This helped them become
- More confident
- Fit, strong and physically capable
- And they have developed better relationships with family, friends and others in the community.

They told us:

"I have come out of my shell more and become more comfortable in social situations. I also feel that if I do need to protect myself I will be able to."

"Whenever I have left the boxing gym I have felt good about myself and positive. It has made my general focus better."

This is what the senior members said CCBA does that helps them make positive change in their lives.

You helped me realise I am capable of more than I allow myself to believe



Motivating and challenging myself. Everyone is friendly and supportive of each other



The members and coaches are all very kind and welcoming. The values the gym has are very inspiring in how I should lead my life.

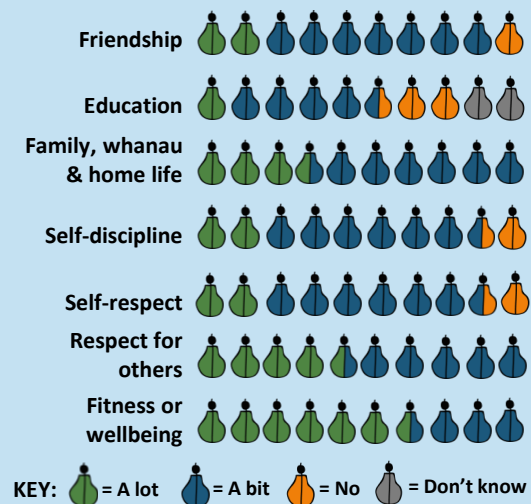


FAMILY AND WHĀNAU

We received feedback from 9 of the academy's families and whānau during the evaluation.

They were asked to complete a survey which asked them if the academy has helped their child or rangatahi make positive change in the following areas, and if so, what changed and how the academy helped make that change.

Did we help your child or children with:



Most family and whanau said:

- Their children have become more confident
- They have developed stronger relationships with other young people and adults
- Their fitness has improved and they have become more physically capable.

"[Name] has changed a lot. Me and his school have seen the change in his behaviour and he is no longer fighting at school. Thank use for your guys help."

"Found friends here. Say hi & shake hands in the street. The brother atmosphere."

"Helping our boys with self-respect and confidence has been really good. They love the discipline of the gym and the fun fitness."

This is what family and whānau said CCBA does that helps the young people make positive change in their lives:



COMMUNITY PARTNERS

We received feedback from 3 community partners of NBA during the evaluation.

Partner organisations were asked to complete a survey asking if they think the academy had contributed toward positive change in the community this year, how the academy could contribute more as a community partner, what the academy does well and what it could do better.

Two community partners said the academy had contributed to a lot of change in the community this year and the other was not sure.

Those who had noticed change work in education and police or law enforcement.

The community partners said what the CCBA does well is meaningfully connect with young people and help them develop positive attitudes and behaviours.

"Inclusion... allow kids to join in, participate and belong, even if they are never going to spar in a ring."

"The values demonstrated within the academy had a positive influence on our students giving them practical examples of how respect can be demonstrated within a sporting environment."

The community partners valued the academy's work and have seen positive outcomes

"Teaching the young people self-respect. Showing them to value themselves and others and respect themselves and others."

"The confidence gained contributed towards their wellbeing."

TURNOVER AT CCBA

Cannons Creek went through some substantial change during 2020, with the manager and both coaches leaving and new people coming on board during the year. Some of the senior members, families and whānau noted this as a period of disruption and readjustment:

"For me the change has been good and bad. The bad change is that Nicole, Latu and Craig left. The good change is that we got Hailey and Paul." (Member)

"Our original coach Latu left our boxing academy and a lot of our boys. The vibe has changed a bit but I am still enjoying myself." (Member)

"Losing Nicole, but now developing new relationships with Hailey" (Member)

"Change in coach from Latu to David. Our kids were emotionally attached to Latu. When David came on board he did well to nurture relationships over the first few weeks" (Family)

The Naenae Boxing Academy is part of a network of boxing academies supported by the Billy Graham Youth Foundation. The academies are about a whole lot more than boxing; academy staff develop genuine, values-based relationships with their members, families and whānau and work alongside partner organisations to build strong communities. The goal is to make champion young people.

We heard from 34 fundamental and junior members, 37 senior members, 24 unregistered members, 50 families and whānau and 16 community partners during the evaluation.

FUNDAMENTAL AND JUNIOR MEMBERS

The fundamental and junior members completed 'storyboards' to provide feedback on what they have learnt as a member of the boxing academy, how the academy has made them feel, and how they have applied what they have learnt at the gym in their everyday lives.

Most of them said:

- Going to academy was fun but it also challenged them and improved their fitness
- They learnt about values, such as respect, discipline and to look after people
- They have become more confident, respectful, helpful and developed self-discipline and control.

Helped me at being a good boy. Helped me brush my teeth



Helped me to respect others. Made new friends.



Happy. Because I have friends that make me feel better about myself

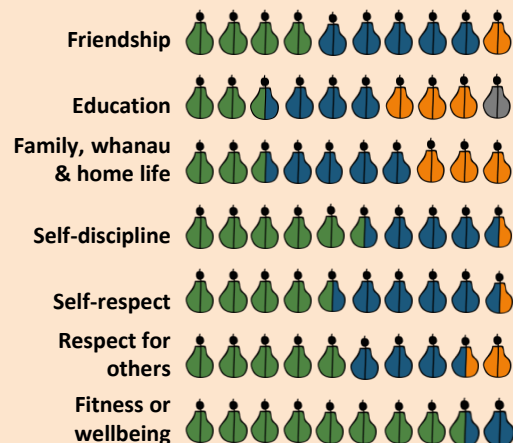
I have formed better friendships and better relationships with my siblings, by treating them more better by using our values



SENIOR MEMBERS

The senior members were asked to complete a survey. They were asked if the boxing academy helped them with any of these things this year, and if so, what has changed and how the academy helped. We heard from 28 seniors.

Did we help you with...



KEY: = A lot = A bit = no = Don't know

Most senior members said changes in their friendships, school, family and home, how they feel about themselves and how they treat others improved because:

- The coaches and academy community made them feel a sense of belonging, respected, challenged and encouraged. This helped them become
- More confident
- Fit, strong and physically capable
- And they have developed better relationships with family, friends and others in the community.

This is what the senior members said NBA does that helps them make positive change in their lives.

"Encouraged, Disciplined, and Respected me."

"This past year and years previous I've definitely changed. I've gotten more fit and have gotten more proud of who I am. I'm starting to love myself more. My coaches have definitely helped a lot with it because they always support me and push me to be my best"

This is what the senior members said CCBA does that helps them make positive change in their lives.

It has helped me because I have learned respect and how to treat others well and respectfully



It's been good for my fitness and I have done more running and work outside the gym as well. Made me appreciate myself more and my life more and respect myself



The NBA academy helped me by teaching not to use my actions (fighting) out of school or other places and working with other girls in this academy helped me build a lot of friendships

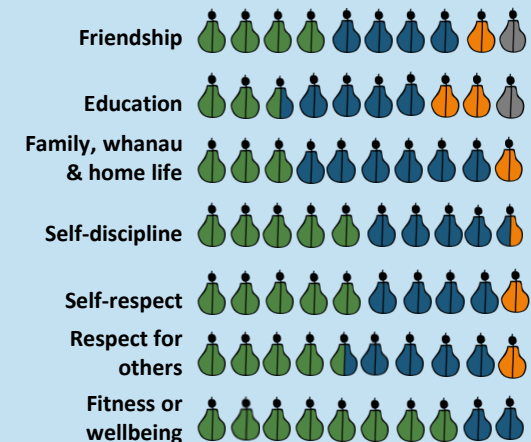


FAMILY AND WHĀNAU

We received feedback from 50 of the academy's families and whānau during the evaluation.

They were asked to complete a survey which asked them if the academy has helped their child or rangatahi make positive change in the following areas, and if so, what changed and how the academy helped make that change.

Did we help your child or children with:



KEY: = A lot = A bit = no = don't know

Most family and whanau said:

- Their children have become more confident
- They have developed stronger relationships with other young people and adults
- Their fitness has improved and they have become more physically capable.

This is what family and whānau said NBA does that helps the young people make positive change in their lives:

You gave her the confidence to stand up and say - that is not acceptable. That she can say no to people who do not share her values

The trainers were friendly and fun to work with and very knowledgeable with their craft, but firm when it was time to knuckle down 😊

He's being taught a lot about using his manners and stuff always being polite and being taught to be the way he wants to be treated

This is what family and whānau said NBA does that helps the young people make positive change in their lives:

Always active at home (likes doing workouts). Strong leadership. Positive attitudes. Never gives up, always pushing through

[His] behaviour at home and school has changed tremendously :) He is more focused and his decision making is more better :)



The boys are becoming more confident. More confident trying different sport at school and other places. Started speaking up for themselves at school

It's given my son something positive to talk about. When asked how boxing went he's happy, chatters about what he's learning and refers to others there as his friends. This is a kid who was bullied constantly for 2 years at school & had withdrawn. We've noticed he's more confident

COMMUNITY PARTNERS

We received feedback from 16 community partners of NBA during the evaluation.

Partner organisations were asked to complete a survey asking if they think the academy had contributed toward positive change in the community this year, how the academy could contribute more as a community partner, what the academy does well and what it could do better.

Three community partners said the academy had contributed to a lot of change in the community this year, six others said the academy had contributed toward some change. One said the academy had not contributed to positive change. The other six respondents were not sure.

Did we contribute toward positive community change this year?



KEY: = A lot = Some = no = don't know

The mentoring from the trainers have been really positive. The young people hold them in high esteem and listen to what they say and take these things on board.

Those who had noticed change work in education, local government, police or law enforcement, public health, and youth development. The community partners said what the NBA does well is meaningfully connect with young people and help them develop positive attitudes and behaviours.

Positive engagement with youth by allowing them a safe space to be themselves and learn.

Being positive role models and expecting the best from the young people who attend NBA

Our young people are a lot less to likely to blow and have learnt anger management skills. They have also become better communicators.

Contributed time to be part of the [school's] young women's wellbeing workshops by taking the group through an hour training session. BGYF donated 2 hours of their time to 2 different workshops. I'd love to work on more together should they have capacity

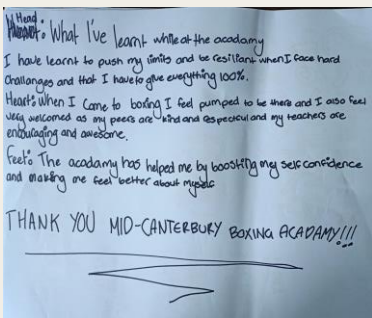


The Mid-Canterbury Boxing Academy is part of a network of boxing academies supported by the Billy Graham Youth Foundation. The academies are about a whole lot more than boxing. Academy staff develop genuine, values-based relationships with their members, families and whānau and work alongside partner organisations to build strong communities. The goal is to empower young people to be the best they can be.

We heard from 54 Fundamentals and Juniors, and 17 Seniors and 17 families and whanau during the evaluation.

FUNDAMENTAL AND JUNIOR MEMBERS

The fundamental and junior members completed Head, Heart, Feet Storyboards to provide feedback on what they have learnt, how the academy has made them feel, and how they have applied what they have learnt at the gym in their everyday lives. The most common themes in the storyboards and quotes illustrating these are below. Most of the storyboards said:



- Going to academy was fun but it also challenged them and improved their fitness
- They learnt about values, such as respect, discipline and to look after people
- They have become more confident, respectful, helpful and developed self-discipline and control.

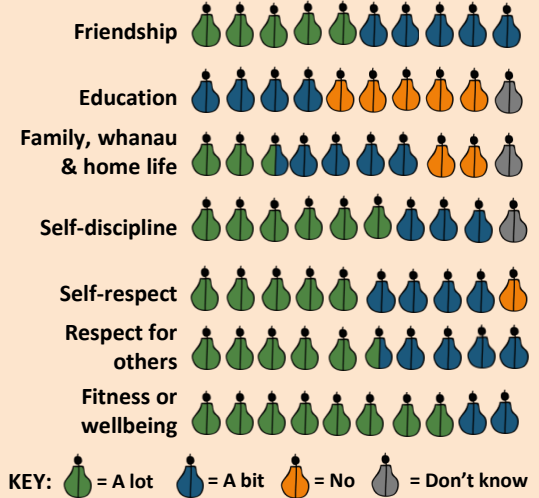
You've made me feel happy and confident about boxing

At MCBA I've learnt to respect all people around their beliefs. I have also been taught the importance of sustaining relationships around you and what makes an honest and kind person

I've learnt how to box – the basics and how to defend yourself. Also I've learnt many people skills.

SENIOR MEMBERS

The senior members were asked to complete a survey. They were asked if there has been change in their lives because of the academy, and if so, what has changed, what the academy does well and what it could do better.



Most of them said changes in their friendships, school, family and home, how they feel about themselves and how they treat others improved because:

- The coaches and academy community made them feel a sense of belonging, respected, challenged and encouraged. This helped them become
- More confident
 - Fit, strong and physically capable
 - And they have developed better relationships with family, friends and others in the community.

This is what the senior members said MCBA does that helped them make positive change:

I respect the academy for going beyond physical training and wellbeing, helping to foster respect and kindness in its members

The coaching and mentorship and equality

I feel as if the coach has been a good role model and someone I aspire to be like

Boxing is a good place to switch off in a safe and friendly environment, where you can focus on improving. It has been a positive change in my wellbeing. It has also helped boost confidence outside of the gym

Opened my eyes to a few things, like if you want life-changing change you must be willing to make life changing changes. Things like that

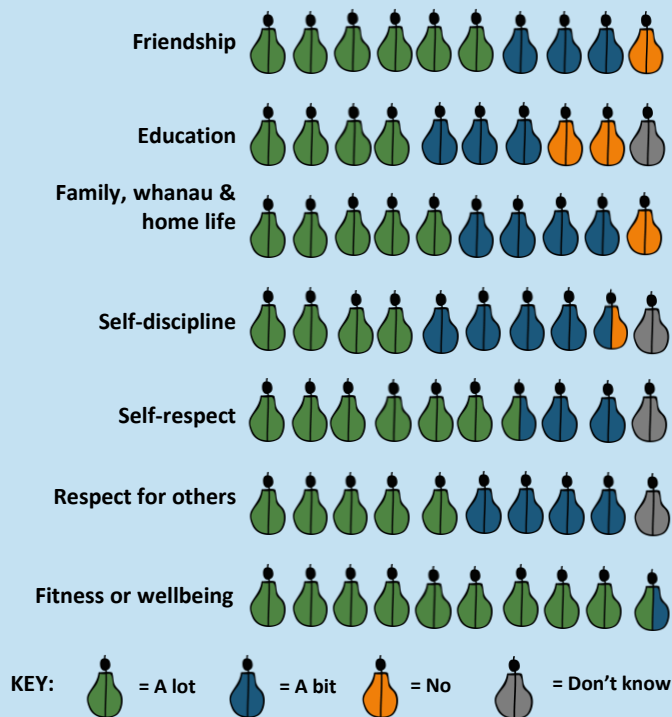
The camaraderie and fellowship in the gym has continued to give me a positive mindset and the constant encouragement gives me a higher opinion of myself

Realised that other people have needs and not just think of myself but help others

FAMILY AND WHĀNAU

We received feedback from 17 of the academy's families and whānau during the evaluation. They were asked to complete a survey which asked them if the academy has helped their child or rangatahi make positive change in the following areas, and if so, what changed and how the academy helped make that change.

Did we help your child or children with:



This is what family and whānau said MCBA does that helps the young people make positive change in their lives:



You've believed in the potential of my boy, highlighted his strengths and celebrated the effort he puts in. You've also role modelled positive attributes of a balanced teenager and a man e.g. kindness, empathy, positive self-talk, respect, assertiveness...



Cornelius is a great mentor and role model for both of our boys and both think very highly of him



It's your people and your message! Love that boxing involves the values passport



The values that the children repeat at boxing as part of their lessons are slowly making a change to thinking about others as well as self

Most of the family and whānau reported these changes:

- Their children have become more confident
- They have developed stronger relationships with other young people and adults
- Their fitness has improved and they have become more physically capable

Improved self-assurance, confidence and self-worth. Much more enthusiasm around fitness and sport. He talks really positively about his coach so having a great male role model will be doing wonders for him at such a pivotal age.



It has help him to stop and breathe. It has helped him have a safe place for his physical outlet

Fitness, attitude, respect

He is ... concentrating on using yes at home and generally developing great man life skills.



[My son] can speak to adults a lot better and always shakes their hand when meeting them and has a lot more respect. [My other son] is definitely a lot fitter and has a lot of confidence 'cause had very little



BILLY GRAHAM YOUTH FOUNDATION TE AWAMUTU BOXING ACADEMY EVALUATION 2020

The **Te Awamutu Boxing Academy** is part of a network of boxing academies supported by the Billy Graham Youth Foundation. The academies are about a whole lot more than boxing. Academy staff develop genuine, values-based relationships with their members, families and whānau and work alongside partner organisations to build strong communities. The goal is to empower young people to be the best they can be.

We heard from **32 Fundamental and Juniors, 18 Seniors, 26 families and whanau and 2 community partners** during the evaluation.

FUNDAMENTAL AND JUNIOR MEMBERS

The fundamental and junior members completed 'storyboards' to provide feedback on what they have learnt as a member of the Te Awamutu Boxing Academy, how that has made them feel, and how they have applied what they have learnt at the gym in their everyday lives. Most of them said:

- Going to academy was fun but it also challenged them and improved their fitness
- They learnt about values, such as respect, discipline and to look after people
- They have become more confident, respectful, helpful and developed self-discipline and control.

Really good. Its fun here. Built up my confidence



You have made my self-confidence go up. You've helped my fitness, skills and helped push me with how far I can go in fitness terms



They are putting what they learned at the gym into practice.

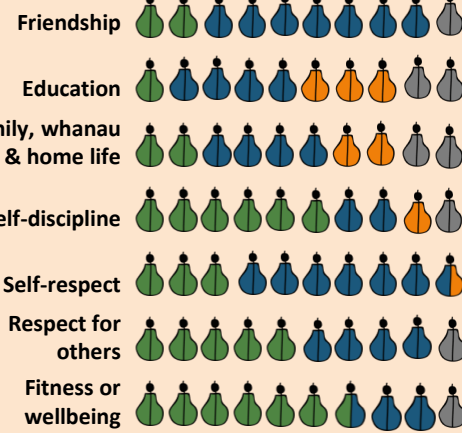
Welcomed and happy. Helped me change my behaviour. I'm not in fights as much as last year



You have made me feel confident and good about myself. I have learnt how to be able to greet people with confidence.

SENIOR MEMBERS

The senior members were asked to complete a survey. They were asked if the boxing academy helped them with any of these things this year, and if so, what has changed, and how the academy helped.



KEY: = A lot = A bit = no = Don't know

This is what the senior members said TABA does that helps them make positive change in their lives.

Teaching us how to be great people and good boxers

Whakatauria, Whakaahuru, Whakamana, Whakaute, Aroha, Manaaki, Tiaki, Mauri, To mana, Wairua



Most of them said changes in their friendships, school, family and home, how they feel about themselves and how they treat others improved because the coaches and academy community made them feel a sense of belonging, respected, challenged and encouraged. This helped them become

- More confident
- Fit, strong and physically capable
- And they have developed better relationships with family, friends and others in the community.

How they have used what they have learnt at the gym:

I embraced these things in this gym because I was feeling something different inside me. The things in this house that I have are strengthening my body, mind, and spirit.



I have gained more confidence and the boxing academy has taught me about self-discipline

It has changed my life around my anger and capability

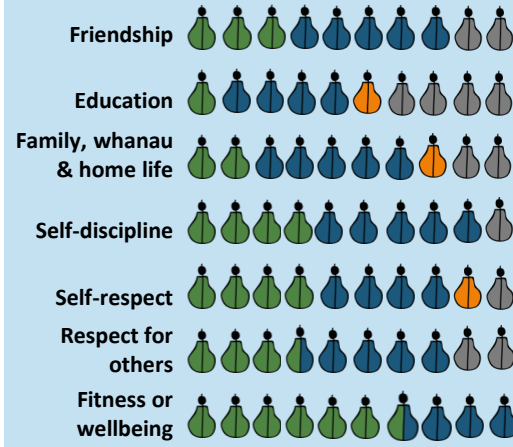


It has helped me majorly boost my confidence and to make new friendships and meet new people

FAMILY AND WHĀNAU

We received feedback from 26 families during the evaluation. They were asked to complete a survey which asked them if the academy has helped their child or rangatahi make positive change in the following areas, and if so, what changed and how the academy helped make that change.

Did we help your child with:



KEY: = A lot = A bit = no = Don't know

Most of them said • Their children have become more confident • They have developed stronger relationships with other young people and adults • Their fitness has improved and they have become more physically capable.

Both my boys' confidence has improved. They are better at judging bad situations and are learning how to deal with them appropriately and in a fair way.

Being a part of this academy has boosted his confidence in so many ways. He's starting to enjoy sports a lot and be more confident within himself & his spirit has lifted. He's smiling way more than he used to. I love seeing the change in him

This is what family and whānau said WABA does that helps the young people make positive change in their lives:

TABA provide a really supportive environment and always show all the members they are valued which is really awesome

Positive, respectful interaction at training, supportive coaches

Provided an outlet for growth and development. Great mentors.

He's more confident and happy. I think the sense of belonging and male role modelling is what has influenced the change

BILLY GRAHAM YOUTH FOUNDATION WEST AUCKLAND BOXING ACADEMY EVALUATION 2020

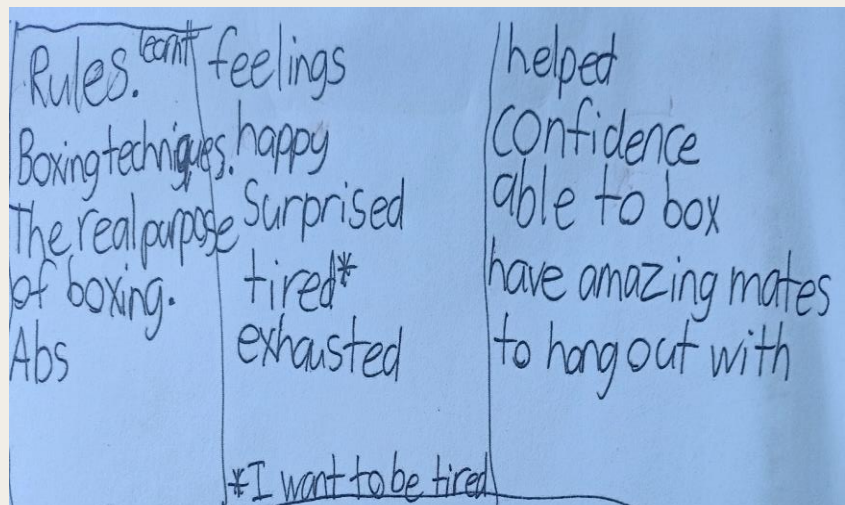
The West Auckland Boxing Academy is part of a network of boxing academies supported by the Billy Graham Youth Foundation. The academies are about a whole lot more than boxing; academy staff develop genuine, values-based relationships with their members, families and whānau and work alongside partner organisations to build strong communities. The goal is to make champion young people.

We heard from 25 fundamental and junior members, 6 senior members, 8 families and whānau and 6 community partners during the evaluation.

FUNDAMENTAL AND JUNIOR MEMBERS

The fundamental and junior members completed 'storyboards' to provide feedback on what they have learnt as a member of the boxing academy, how the academy has made them feel, and how they have applied what they have learnt at the gym in their everyday lives. Most of them said:

- Going to academy was fun but it also challenged them and improved their fitness
- They learnt about values, such as respect, discipline and to look after people
- They have become more confident, respectful, helpful and developed self-discipline and control.



Feeling good, happy because I know how to fight. They helped trained us and helped us to control anger

How you have made me feel: A lot better. Less shy. More friendly. Less anti-social.

You helped me achieve confidence and reduce the need to prove myself 😊 You helped me to get rid of my bullies 😊.

What I have learnt: The basics of boxing, how to respect my peers. Better attitude. Gratitude.

CONFIDENT. With everything I do I feel I can do well. I have confidence with bullies and social threats that come at me in everyday situations

SENIOR MEMBERS

The senior members were asked to complete a survey. They were asked if the boxing academy helped them with any of these things this year, and if so, what has changed and how the academy helped.

- Did we help you with:**
- Friendship**
 - Education**
 - Family, whanau & home life**
 - Self-discipline**
 - Self-respect**
 - Respect for others**
 - Fitness or wellbeing**

KEY: = A lot = A bit = No = Don't know

This is what the senior members said WABA does that helps them make positive change in their lives:

It's always good positive vibes

They encourage me when I make mistakes

Mental push

Teaching self-discipline

Greet each other as we enter the gym and talk to people

Really good at fixing our posture while fighting and teaching us all the things we need to know

The senior members said WABA helped them make positive change in their lives by making them feel a sense of belonging, respected, challenged and encouraged. This helps them become:

- More confident
- Fit, strong and physically capable
- And has helped the, develop better relationships with family, friends and others in the community.

The seniors said this is what the academy has helped them do:

I've stopped making trouble or trying to start fights

Helped me learn to control myself and be more positive in everyday life

This made me do more schoolwork after school

It makes me feel way more confident and better about myself

Helped me stay away from street fights and going out with the boys

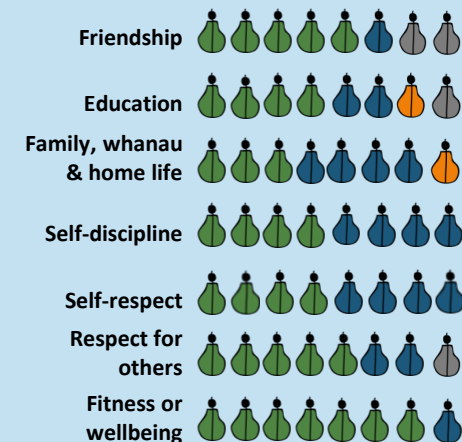
High self esteem

FAMILY AND WHĀNAU

We received feedback from 8 of the academy's families and whānau during the evaluation.

They were asked to complete a survey which asked them if the academy has helped their child or rangatahi make positive change in the following areas, and if so, what changed and how the academy helped make that change.

Did we help your child or children with:



KEY: = A lot = A bit = no = don't know

Most family and whanau said:

- Their children have become more confident
- They have developed stronger relationships with other young people and adults
- Their fitness has improved and they have become more physically capable.

This is what family and whānau said WABA does that helps the young people make positive change in their lives:

Matt has taught the boys to respect each other. He also teaches the boys a lot of life lessons which has helped my son a lot.

Instilling these values into the kids each session and walking the talk, being good role models for the kids and having a positive community presence.

Loving on and believing in the kids. Providing a safe space for them to practice their skills.

The family and whānau said WABA has helped make these changes in their children's lives:

He seems more ALIVE. A lot more organized and focused. Just the little things that we have noticed but makes a huge difference. He's concentrating more on his schoolwork and even on his appearance.

Our son loves the classes, its helping him become fit, confident, disciplined and feeling part of a group of lads who have fun, care about each other and have respect for their teachers.

Just helping [her] to understand she has strength and ability in her self

Confidence increased. Discipline and happiness to drink water, lol. Expressing frustration and anger

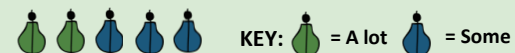
COMMUNITY PARTNERS

We received feedback from 5 community partners of WABA during the evaluation.

Partner organisations were asked to complete a survey asking if they think the academy had contributed toward positive change in the community this year, how the academy could contribute more as a community partner, what the academy does well and what it could do better.

Two community partners said the academy had contributed to a lot of change in the community this year, three others said the academy had contributed toward some change.

Did we contribute toward positive community change this year?



KEY: = A lot = Some

Those who had noticed change work in education, local government, police or law enforcement, public health, and youth development. The community partners said what the WABA does well is meaningfully connect with young people and help them develop positive attitudes and behaviours.

Gave some of our boys a great outlet and sense of belonging to a group

We're really grateful to have been given the opportunity to work alongside West Auckland Boxing Academy to provide our students with an amazing experience and life skills. The change in our students' behaviour has been great.

Seen young people grow in confidence, start to participate in extracurricular activities, and make new friends.

It has provided genuine and positive pro-social engagement with the mentees from [our organisations]

We are really grateful for the coaches who make our kids feel really comfortable because they come from a full-immersion Māori background and it's awesome to hear both Matt and Niwa incorporating little bits of te reo into the class which really does go a long way to create a comfortable space.

Teaching the young people self-respect. Showing them to value themselves and others and respect themselves and others.